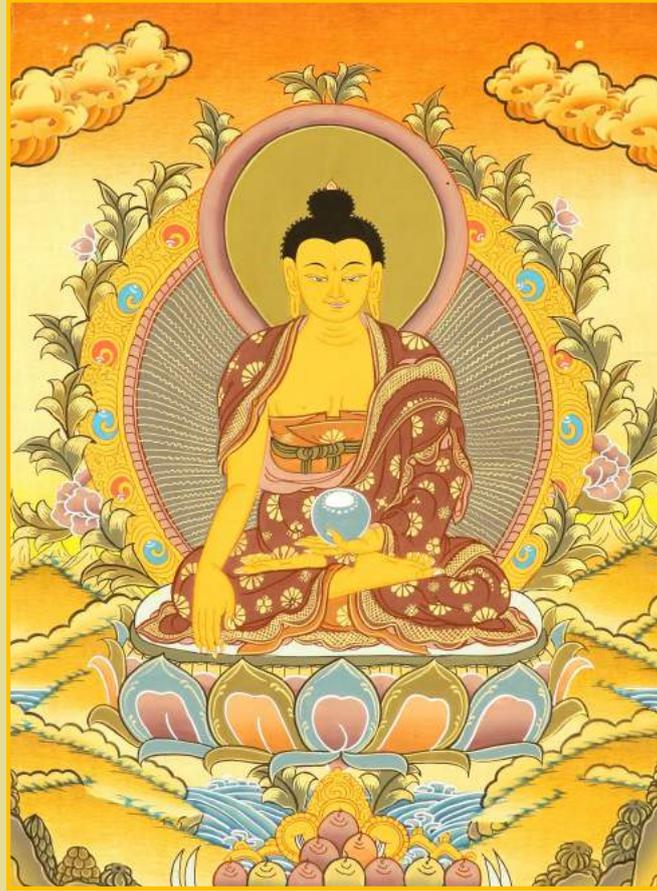


# TBI MAGAZINE

AUG SEP OCT 2022



THE ENTHRONEMENT OF YANGSI RINPOCHE

TIBETAN BUDDHIST INSTITUTE INC - THEKCHEN SHEDRUB CHOELING

A place of Dharma, cultivating study and meditation in the Mahayana Tradition



From the Director

*I offer this prayer to my Precious Teacher and Mentor:  
 "I dedicate the mass of white virtues thus created. So that I may be  
 inseparably cared for in all my lives. By perfect, pure Gurus who are  
 kind in three ways. And so attain the united state of  
 Vajradhara" (Lam Rim Prayer)*

After much consideration and soul searching I have decided to step down from my position of Spiritual Leader which was designated to me in 2014 by Kyabje Khensur Kangur Losang Thubten Rinpoche. Please see page 6. Geshela teachings continue to enthral TBI students on Tuesday and Wednesday evenings. We are so fortunate to have Ilia translating for us which such clarity and precision. Jampa Ignyens weekend course was well attended and everyone was very delighted and enjoyed it very much. Jampa Ignyen will again be presenting a short course, on Tuesday & Wednesday evenings before the end of the year. The subject and dates to be announced. I would like to thank the extremely kind benefactors of Guru Rinpoche and Green Tara statues that now adorn our beautiful altar. Thank you so much to Dr. Sylvia Barber (Guru Rinpoche) and Dechen Thubten (Green Tara) - our youngest member of TBI. The October Weekend course with Geshela is coming up and I do encourage you all to attend either in the gompa or online. The subject will be announced shortly. I am very much looking forward to the Enthronement of Yangsi Kangurwa Rinpoche on 25th November See page 4. Please check out the Online Protocols on page 11. Looking forward to seeing you at our AGM on 30th October. My thanks to all those people who offer their time to volunteer at TBI.

Nawang (Tenzin) Thubten



## TIBETAN BUDDHIST INSTITUTE

### Thekchen Shedrub Choeling

#### ORGANISATIONAL STRUCTURE

**Spiritual Head** His Holiness the 14th Dalai Lama of Tibet Tenzin Gyatso

**Founder, Teacher and Past Spiritual Leader**

The late Kyabje Khensur Kangyur Lama Jetsun Losang Thubten Rinpoche

**Spiritual Leader** ~ Geshe Jampa Gyaltzen

**Founders Reincarnation**

**Kangyur Lama Choktrul Tenzin Losang Dhargye Rinpoche**

**Resident Teacher** ~ Geshe Jampa Gyaltzen

**Sangha** ~ Ven Jampa Tenzin, Ven Drolkar, Ven Tenzin Lhamo

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**Translator and Director of Publishing** ~ Ilia Durovic

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**Administrator & Data Base** ~ Anthony Sweeney

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 office@tibetanbuddhistinstitute.org  
 www.tibetanbuddhistinstitute.org  
 m: 0418847016 ph: 08 8351 8788

# FIRST TURNING OF THE DHARMA WHEEL CHOEKHOR DUCHEN



Geshe Jampa Gyaltzen

**Monday 1st August**

**EVERYONE IS WELCOME TO  
CELEBRATE IN THE GOMPA AND  
ONLINE WITH  
GESHE JAMPA GYALTSEN,  
SANGHA AND TBI COMMUNITY**

**10.30am Recitations**

**Three Principle Aspects of the Path**

**The Heart Sutra**

**Guide to the Bodhisattva's Way of Life**

**Shantideva Chapter 6**

**Patience: Verses 1—44**

**12.00pm Shared Lunch**

**7.00pm Guru Puja & Circumambulations**



Choekhor Duchen celebrates the first turning of the wheel by Lord Buddha (hence the name 'choekhor' (spelt various ways), means Dharma Wheel and 'Duchen', means 'great occasion'. The Buddha was persuaded to teach for the sake of all sentient beings and taught the Four Noble Truths which are: the truth of suffering, the truth of the cause of suffering, the truth of the end of suffering and the truth of the path that leads to the end of suffering. This teaching is the basis for all that has followed.



# THE ENTHRONEMENT OF

**YANGSI CHOKTRUL KANGUR**

**LAMA TENZIN LOSANG DHARGYE RINPOCHE**



## ***25th November 2022 at Sera Monastery, India***

It is with great pleasure and excitement that I announce the upcoming Enthronement of our Precious Kangyur Lama Tenzin Losang Dhargye Rinpoche which is to be held on 25<sup>th</sup> November 2022 at Sera Jey Monastic University and Sera Monastery in India. Choktrul Kangyur Rinpoche was recognized by His Holiness the 14<sup>th</sup> Dalai Lama of Tibet, the Supreme Guide of Gods and humans, Refuge and Protector, Omniscient All-seeing Being, as the reincarnation of the most reverent Kyabje Khensur Kangyur Losang Thubten Rinpoche. As Chanzoe, I am planning to offer the traditional monastic feast ceremony to the monastery's monk community. This is to formally authenticate Choktrul Kangyur Rinpoches entry into Sera Jey Monastery, on 25th November 2022.

Choktrul Rinpoche is currently not attending Pujas and other ceremonial events in Sera Monastery. Once his Enthronement takes place, our precious Rinpoche will be able to sit with the other tulkus at these ceremonies.

Rinpoche's incredible kindness to all sentient beings, throughout his daily life, showed us the path we should follow. Rinpoche founded Tibetan Buddhist Institute in 2005, enabling us to have continued access to the precious teachings. Rinpoche's wisdom and intuition chose Geshela to impart his knowledge and wisdom for our benefit and all sentient beings.

If you would like to attend the ceremonies at Sera Monastery, please contact me on 0418 847 016 or [office@tibetanbuddhistinstitute.org](mailto:office@tibetanbuddhistinstitute.org) and I will get back to you as soon as possible. You may also want to contact me for questions regarding the enthronement.

**(Cont next page)**

# THE ENTHRONEMENT

**Expressions of interest are sought to join a group traveling to Sera Monastery, India to attend this Enthronement.**

This group will attend the Enthronement of Yangsi Rinpoche Kangyur Lama Tenzin Lobsang Dhargye ie the Reincarnation of Kyabje Khensur Kangyur Lama Jetsun Losang Thubten Rinpoche. As Yangsi Rinpoche is now 6 years old, it will be the time for him to be formally enthroned and enter the monastery to begin his studies! If you join this group, you will have the opportunity to personally meet Yangsi Rinpoche, both in his Labrang and at the ceremony. You will also be able to make an offering and also offer a khatag to show your respect. You will be able to meet Tenzin Ugyen Choenyi and Geshe Yama Rinchen. It is suggested that there will be a ten day stay at Sera, then a local pilgrimage to various monasteries, especially the Golden Temple. We could meet our



former Rinpoches's disciples and students who have become geshes, teachers etc. Assistance with accommodation and travel will be provided. This will be a unique, exceptional opportunity, and definitely not to be missed. Invitations to attend this event will be formally sent to Kyabje Khensur Kangyur Rinpoches students all around the world and monasteries and nunneries in Southern India. This will be a huge event!!



On his throne, in familiar surroundings





## THE PASSING ON OF THE MANTLE: A PROFOUND MOMENT IN THE LIFE OF TBI

After much consideration and soul searching I have decided to step down from my position of Spiritual Leader which was designated to me in 2014 by Kyabje Khensur Kangur Losang Thubten Rinpoche.

It is now eight and half years since our Precious Teacher and Mentor passed away and at that time I took on the rather daunting title, position and responsibility of the Spiritual Leader of Tibetan Buddhist Institute.

It was awkward because I was in mourning and I was not Rinpoche, a Geshe nor even a monk and I found this position somewhat overwhelming. I saw it as a huge obligation that I felt ill-equipped to handle. Who could possibly live up to the expectations of my precious teacher and mentor? Who could even imagine that I was to walk in his shoes? Initially, I saw it as a burden that would weight me down, and I would drag along a huge bag filled with my fears, my incompetency's and my uncertainties. I saw this position as enormous.

Eventually, reason prevailed and I conquered my minds enemies . Rinpoche

chose me and therefore I had his blessing and he knew that I would wholly encompass it within my being and be the best I could be. This came about because of my 46 years relationship with him.

I now believe that the time has come to relinquish the reins to another. Having pondered and meditated on this for a long while and contemplated for even longer, I feel it is a suitable time and therefore I would like to announce that our new Spiritual Leader is Geshe Jampa Gyaltzen.

I have an exceptionally deep relationship with Geshela and we often talk on an intimate level about TBI: its past, present and future. I also have a close, respectful relationship with Geshe Yama Rinchen, and many other Lama's at Sera Monastery. Most importantly, as Rinpoche entrusted to me, I am in constant contact with Yangsi Rinpoche, as I am his Chantso. My commitment to my precious and beloved Rinpoche is as strong today as it ever was, and I feel as close as I ever was.

I will continue as our Director, and support Geshela in any way he may need.

From Nawang (Tenzin) Thubten

## Homage and Thank You, Tenzin (Nawang)

Thubten on Vesak 14.06.22

Dear Tenzin,

Thank you so much for your heartfelt and well considered letter announcing your stepping down from the position of Spiritual Leader at Thekchen Shedrub Choeling, Tibetan Buddhist Institute (TBI) and the appointment of our highly esteemed resident teacher, Geshela Jampa Gyaltsen, to this important role.

This is indeed a significant milestone in the life of TBI as well as personally for you. It is a wonderful tribute to you that you followed our beloved Founder and Mentor, Kyabje Khensur Kangur Losang Thubten Rinpoche's wishes to assume this mantle in 2014 despite your own feelings of inadequacy in the context of your deep grief after Rinpoche's physical death on January 22<sup>nd</sup> of that year.

Rinpoche is not only your root Guru, but father figure since you were only five years of age, as well as a close confidant and best friend. You became his trusted and well respected Chantso, official administrator and representative.

Verse 26 in Fifty Stanzas on the Spiritual Teacher says; *"Guard your teacher's belongings as you would your own life. Treat your teacher's beloved family with the same respect you show for him. Have affectionate regard for those closely around him as if they were your own dearest kin. Single-mindedly think in this way at all times."*

At this time of reviewing our Constitution to reflect our new circumstances which will take us into a new and prosperous future, it is wonderful that you feel that the time is right to transfer the role and responsibilities of Spiritual Leader to Geshela, who has won the hearts and minds of us all. He was of course appointed by Rinpoche as our resident teacher and has truly come to understand how TBI functions and what our needs are.

You continue to successfully and proudly fulfil your Chantso role for Rinpoche's reincarnation, little Yangsi Rinpoche, who is proving to be a delightful student of the Dharma. It therefore seems fitting in continuing to serve your root Guru in this way to now hand over the Spiritual Leader role. This simplifies your position of wearing the "two hats" of Spiritual Leader and Director.

You continue to be an amazing example of Guru devotion. You have been honoured by His Holiness the 14<sup>th</sup> Dalai Lama, Geshe Yama Rinchen (former disciplinarian of Sera Jey Monastic University and eminently respected scholar) and our own Lharampa Geshe Jampa Gyaltsen. You are also held in high esteem by the Geshes and monks of Sera Jey Monastic University and beyond, including the TBI community. Such are the blessings of the Guru!

I wish you excellent health, a long life and every success in this next phase of your life.

With love and best wishes, .....  
Chris Ridley

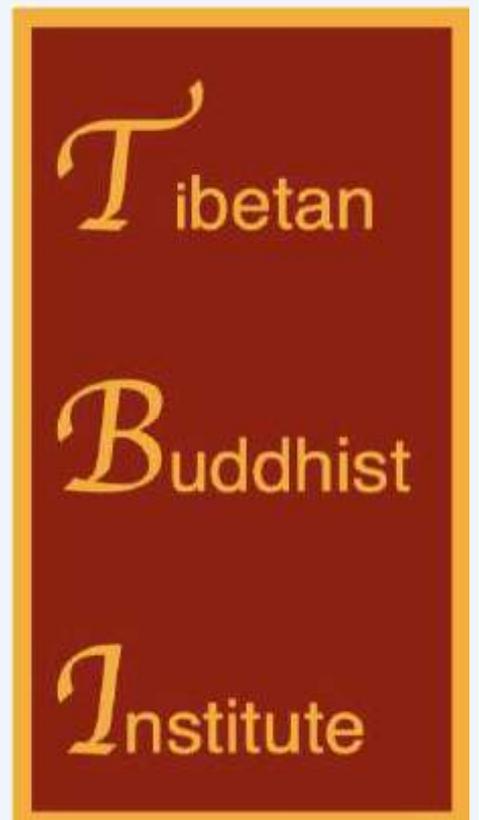
Chris reading his speech of thanks and gratitude to Tenzin during the puja.



# ANNUAL GENERAL MEETING

**2021-2 financial year**  
**Sunday 30th October**  
**10.30am**

**Everyone is most welcome to come to our Annual  
General Meeting and attend either  
online or in the Gompa**



## STUDY and DISCUSSION GROUP

*6 pm Wednesdays before teachings*

All are welcome to join together in the TBI library for informal, lively and often fun discussion on the topics Geshe-la teaches on both Tuesday and Wednesday. Studying, learning and debating with each other is an excellent way to get to grips with the topics, following the glorious tradition of Sera Je Monastic University. Hope to see you there.

## TAX DEDUCTABLE DONATIONS TO TIBETAN BUDDHIST INSTITUTE

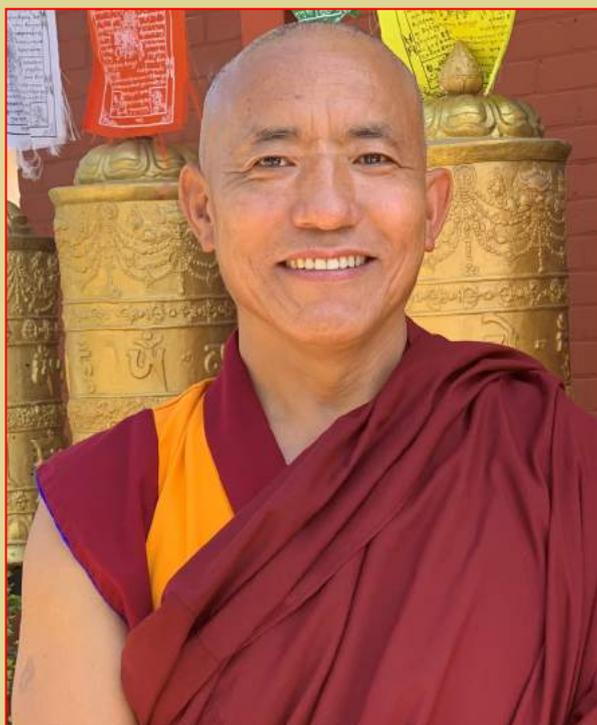
A few extremely kind and generous people have, from time to time, donated into our Building Fund, and the donors have claimed this back on their tax. These donations help both the donor and TBI. Our aim for the Building Fund account is to buy a place suitable for retreating. We thank you deeply and appreciate all your support and help towards this project.

Bank Details:

Name of Account: BankSA

Bank Account Number: 057 568 040

# Continuation of LIVING THE SIX PERFECTIONS 1st and 2nd October



**GESHE JAMPA GYALTSEN**

**Meditation: 9.00 - 9.45am**

**Teachings: 10.00 - 12noon**

**Lunch Break: 12noon - 3pm**

**Teachings: 3.00 - 4.30pm**

**Venue: You are welcome in the Gompa with Geshela BYO lunch, (tea/coffee provided) or live-streaming in your home.**

**Facility and Live-streaming fee for two days:**

**Members and Concession -  
\$40.00 Non Members \$60.00**

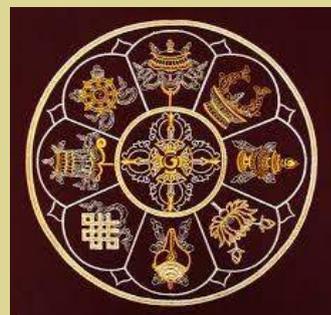
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**Account: 057 567 240 BSB: 105 081**

**Code: WEGJGSurnameFirstname**



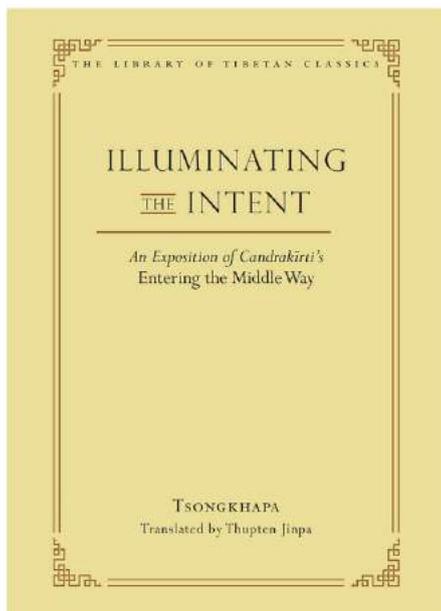
We are delighted to announce that our resident teacher, Geshe Jampa Gyaltzen, will be teaching How to live the Six Perfections in Daily Life. Specifically, Geshe Jampa Gyaltzen will focus on how to live the Six Perfections through one's body, speech and mind in ordinary Australian life and will rely on Candrakīrti's Madhyamakāvatāra (as well as Maitreya Abhisamayālamkāra, etc). Geshe Jampa Gyaltzen is a Lharampa Geshe of Sera Je monastery who, in addition to completing the grueling 20 year plus curriculum to attain the Lharampa Geshe degree, also studied Tantra at Gyume Tantric college. He has served as disciplinarian of Tehor Khangtsen and was a close student of TBI's founder, the late Abbot of Sera Je, Khensur Kangyur Rinpoche. It is quite rare to have a teacher of such an undeniable level make teachings such as these easily available and we hope many students will attend!





## TIBETAN BUDDHIST INSTITUTE LIBRARY

How fortunate we have been to recently receive donations of these two profound texts which are greatly beneficial and supportive of Geshelas kind and generous teaching of Candrakirties 'Entering the Middle Way' Madhyamakavatara.



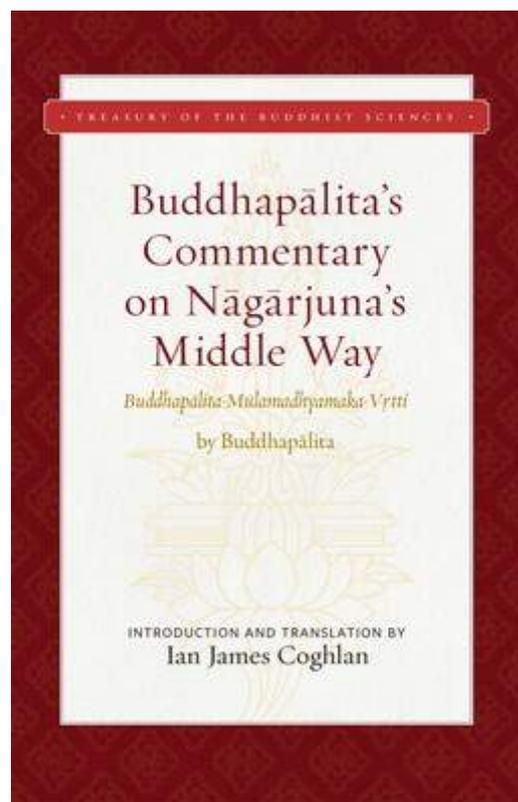
Illuminating the intent is Tsongkhapa's renowned commentary on Candrakirti's Entering the Middle Way, the foundational text for the study of Madhyamaka in Tibet. Here he sets forth the meaning of emptiness in the context of the practice of the bodhisattva, delineating each of the ten perfections along the path. Candrakirtis Madhyamakavatara is the mainstay for the 4 years of study dedicated to the study of Madhyamaka in the great Tibetan monasteries and is studied in conjunction with Candrakirti's own commentary, the Madhyamakavatara-bhosya and Je Tsong Khapa's great commentary on both texts, Dgongs pa rab gsal.

Dgons pa rab gsal is Je Tsong Khapas final major work dedicate to the view and is, in more senses that one, his spiritual testament as it was composed in 1418, one year before his passing. Thupten Jinpa published this skilful translation of this great masterpiece in 2021

Both copies will be available for loan for **members of the TBI Library**

Both copies are available for members of TBI to borrow

Buddhapalita's commentary on Nagarjuna's famous first-century text Wisdom: Fundamental Middle Way Verses has been considered for over a thousand years by India and Tibetan philosophers to be the special key that best unlocks the deep philosophical freedom from confusion and perplexity that the Middle Way (or Centrist) school seeks to provide for its students. Chandrakirti (seventh century) defended Buddhapalita's elegant approach as most effective in opening the Middle Way for the inquiring mind to find the liberating experience of reality. Atisha (eleventh century) brought Buddhapalita's and Chandrakirti's transformative critical method to spread widely in Tibet, and Tsongkhapa (fifteenth century) provided a clarification of this philosophical work that was so rigorous and crystal clear that it opened the minds of Tibetan philosopher scientists of all schools until today.



# ONLINE PROTOCOLS FOR TEACHINGS

We have always had protocols for teachings in the Gompa, and these notices have always been up on the doors. We ask everyone online to follow these same simple etiquettes to show your respect and reverence to our teacher, Geshe Jampa Gyaltsen.

**Shoes** should be removed, and please dress modestly.

**Arrive early** so that you are ready when Geshela enters the Gompa. It is best to sit quietly, placing yourself in a calm, receptive state of mind, open and ready to listen, analyze, question and contemplate.

**Geshela's Entrance:** Please stand and bow slightly when Geshela enters the Gompa. Teachers always make three prostrations to the Buddhas to acknowledge the lineage about to be transmitted. Please remain standing until Geshela completes his prostrations and sits on the throne.

**Prostration:** After Geshela is seated, you may like to stand quietly or perform three prostrations in deference to the teacher and the teachings.

**Geshela's Exit:** When Geshela has finished teaching, please stand up, make three prostrations again, or stand quietly. Please remain silent and standing until Geshela has left the gompa. Please do not turn you computer off until Geshela has left the gompa.

**During teachings** one should not point the soles of one's feet towards the teacher or altar. Please feel free to sit in a chair if it is difficult for you to sit on a cushion on the floor. Also it is impolite to eat whilst attending teachings either online or in the gompa.

**Spiritual texts**, images and other holy objects should not be placed directly on the floor. You should not walk over nor pass drinks or food over these items. Also saliva should not be used to turn the pages.

**If you must move around** or leave the room during the teachings, do so with respect for the teacher and fellow students, making as little disturbance as necessary.

You may like to have drink of water at any time during the teachings.

We thank you for your understanding.



## CODES FOR PAYMENTS

To ensure your various payments into our bank accounts are recorded correctly, and so our bookkeeper can more easily identify what your payment is for, we are asking that you use the following code system.

### GESHE JAMPA GYALTSEN

*TUE & WED TEACHINGS WITH GESHELA:* **TEAGJG SurnameFirstname**

*WEEKEND TEACHING WITH GESHELA:* **WEGJG SurnameFirstname**

*OFFERING TO GESHELA:* **OFFGJG SurnameFirstname**

### GESHE YAMA RINCHEN

*WEEKEND TEACHING WITH GESHE YAMA RINCHEN :* **WEGYR SurnameFirstname**

**OFFGYR SurnameFirstname**

### JAMPA IGNYEN

*WEEKEND CLASSES WITH JAMPA IGNYEN:* **WEJI SurnameFirstname**

*COURSE WITH JAMPA IGNYEN:* **COURJI SurnameFirstname**

### MEMBERSHIP

*MEMBERSHIP PAYMENTS:* **MEM SurnameFirstname**

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**DONATIONS:** ***New Code for the Enthronement*** **ENTH SurnameFirstname**

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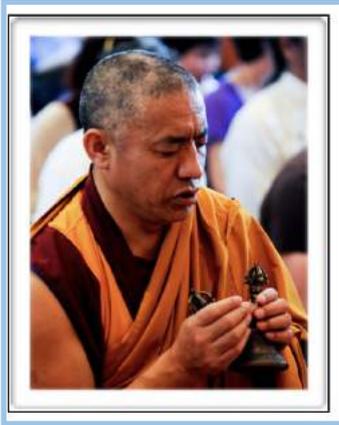
**If donating to Rice for Nepal, please pay into the sponsorship scheme account which is:**

**BSB: 105 032 Account: 147 865 240 and code: RICESurnameFirstname**

**Please note that Sunday Meditation, Monday Learn to Meditate and any future Basic Buddhism class is by donation, however if you wish you can donate online or in the donation box at TBI. If direct debiting the code is: DONMED SurnameFirstname (Sunday Meditation) and DONL2MSurnameFirstname (Monday Learn to Meditate)**

**Thank you so much for your kindness and generosity in supporting TBI. Without such help we wouldn't be able to spread the Dharma as we do, for the sake of all sentient beings and to help fulfil the wish of our Precious Founder, Kyabje Khensur Kangurwa**

**Lama Jetsun Lobsang Thubten Rinpoche**



# TEACHING SCHEDULE with GESHE JAMPA GYALTSEN Online or in the Gompa

**Tuesdays 7.00 - 8.30pm**

## **Candrakīrti's Madhyamakavatāra**

During the Tuesday "Advanced Class in Buddhist Philosophy", which resumes on February 1, 2022, Geshe Jampa Gyaltsen will deepen his teaching of Prāsaṅgika Madhyamaka by presenting Candrakīrti's "Entering the Middle Way" (*Madhyamakāvatāra*) in conjunction with Je Tsong kha pa's "Elucidating the Intent" (*Dgongs pa rab gsal*). Candrakīrti's *Madhyamakāvatāra* is the mainstay of the 4 years of study dedicated to the study of Madhyamaka in the great Tibetan monasteries and is studied in conjunction with: 1. Candrakīrti's own commentary, the *Madhyamakāvatāra-bhaṣya* and 2. Je Tsong kha pa's great commentary on both texts, *Dgongs pa rab gsal*.

*Dgongs pa rab gsal* is Je Tsong kha pa's final major work dedicated to the view and is, in more senses than one, his spiritual testament as it was composed in 1418, one year before his passing. It is a particular stroke of good fortune that Thupten Jinpa just published his skillful translation of this great masterpiece in 2021.

As resident translator at TBI since 2008, there is no doubt in my mind that this is the pinnacle of the study program initiated many years ago at TBI. In particular, to have a fully-qualified Lharampa Geshe from Sera Je and former disciplinarian of Tehor Khangtsen, teach such a work is a unique privilege. It may very well no longer be possible to receive such a transmission again in the future. We therefore sincerely hope that all the students who have attended the Tuesday class throughout the last years will attend. The texts we will be relying upon will be 1. Geshe Thupten Jinpa's translation of the *Madhyamakāvatāra* which has already been sent to all the students attending this year's class.

2. Je Tsong kha pa: "Illuminating the Intent. An Exposition of Candrakīrti's "Entering the Middle Way", transl. by Geshe Thupten Jinpa, The Library of Tibetan Classics, Wisdom Publications, 2021

**Wednesdays 7.00 - 8.30pm**

## **Śāntideva's "Bodhicaryāvatāra"**

When Geshe Jampa Gyaltsen was first invited to teach at TBI by our Teacher, the late Khensur Kangyur Rinpoche, he expressed the wish to teach Śāntideva's *Bodhicaryāvatāra* ("Engaging in the Behavior of the Bodhisattvas") which he had memorised when he was a young monk and which was very close to his heart. Khensur Rinpoche agreed but he suggested, however, that as a prelude he should teach the Lam Rim in detail, which he has done for almost 10 years. The time has come, at last, for Geshe-la to teach the totality of Śāntideva's *Bodhicaryāvatāra* which he will do during the Wednesday class dedicated to general Buddhist teachings. The *Bodhicaryāvatāra* is the main text H.H. the Dalai Lama relies upon when teaching general audiences. This marvelous work describes the practice of Bodhisattvas from both the method and wisdom aspect of the path: each stanza provides both short-term solace and lasting spiritual sustenance. It is not easy to receive a complete transmission and teachings on this great work by a Lharampa Geshe who has made it the center of his personal practice. We hope that all sincere students who are interested in the Buddhist view of emptiness will avail themselves of this marvelous opportunity!



## GRADUATED PATH MEDITATION

Sundays 9.00 - 10am

The Lam Rim (Graduated Path to Enlightenment) represents the totality of Buddha's teachings in a step by step format. On Sunday mornings we offer an opportunity to engage in analytical meditation on the topics of the Lam Rim, using our intelligence, reasoning and personal experience to investigate the topics, concentrating deeply on their meaning and application in our own lives. These meditations help us cope with difficulties we all face. Classes are led by experienced students and suitable for everyone.



## LEARN TO MEDITATE

Mondays 6.30 - 7.15pm

You can change your mind! Meditation is an effective means for creating space in the mind between stimulus and response, enabling us to better cope with difficult situations and negative emotions. By training in meditation, the mind becomes strong and resilient, thus less troubled by the problems we encounter.

Meditation practice transforms distraction and agitation into concentration and serenity. Regular training produces an untroubled and relaxed mind, one free of stress, anxiety and fear. Such a mind is the basis for experiencing true peace and happiness.

Our weekly classes are open to anyone interested in learning about the theory and principles of meditation and getting started in a regular meditation practice. The guided meditations are short and simple with no previous experience required in order to participate. We invite you to join us in our beautiful, serene environment to awaken your mind to inner peace and joy. Suitable for all and led by experienced, friendly meditators.

## Management Matters

AprMayJun 2022

There was no April meeting.

*May:* The Tibetan Community asked if they could hold a Tibetan Language class for their children, in the Gompa every second Saturday. All Agreed. Tenzin ordered many statues for the Gem Shop and also two for our altar. Anthony Sweeney is resigning from administering the Sponsorship Scheme. He only took it on temporarily and would now like to resign. Someone has been learning it and will take over soon. Weekend teachings with Geshe Yama Rinchen went extremely well, without any hiccups with Webex. Jampa Ignyen is well and looking forward to the July weekend. Everyone was very happy with the classes run by Jampa Tenzin with many students expressing how excellent it was. Chrys talked about how to increase membership and came up with an idea or two. Much discussion took place regarding TBI sangha and how we could help those not in good health. Several people have been in contact with them and offered help. Carole pointed out that it worked well when we had a Community Care person but this position is no longer being filled. Some have rung Sangha to see if they are ok, and others have done gardening. It was mentioned that one of the Sangha could get carers to do everything she needs. Sylvia Barber honoured Foundation Day by sponsoring a puja in Sera. She also donated the new Guru Rinpoche Statue, and Dechen Thubten donated the Green Tara Statue, both on our altar.

*June:* The Tibetan Language Class for Children is going well and has two excellent teachers. Gerry and Tenzin are following up on a letter received from land tax asking for fees. It was explained that we are exempt from paying because the building is held "in trust". Simon sent a draft constitution and has suggested engaging a solicitor to verify its correctness. Tenzin stated that he would like to hand over the Spiritual Leader role to Geshela. Sam presented his new software "Zero" that he has suggested would be good for TBI to use. Further discussion took place regarding the updating of our current constitution.



# MEMBERSHIP

Members of TBI receive the following advantages:

- ◇ Waged and concession members 50% discount for Tue & Wed teaching classes with Geshe Jampa Gyaltzen.
- ◇ 20% off events (excluding accommodation)
- ◇ Free access to TBI library
- ◇ 10% discount on shop items (excluding already discounted items)
- ◇ Entitled to Community Care Benefits
- ◇ Invitation to members functions

CONCESSION: \$120.00

WAGED: \$240.00

DHARMA WHEEL: \$660.00 *includes free teachings on Tuesdays and Wednesdays with Geshe Jampa Gyaltzen*

FAMILY MEMBERSHIP: Upon application

This centre depends on our family of students, friends and supporters to realise the vision - to create an exceptional and unique place for giving and learning - of TBI Founder, Kyabje Khensur Kangyur Lama Jetsun Losang Thubten Rinpoche.

All donations of \$2.00 or more deposited into the Tibetan Buddhist Institute Building Fund Bank Account are tax deductible. For more information on this page please contact the office: [office@tibetanbuddhistinstitute.org](mailto:office@tibetanbuddhistinstitute.org) or phone 8351 8788

## BEQUESTS

### PLEASE REMEMBER US

Please remember us! Have you considered leaving a bequest in your will?

All donations to Tibetan Buddhist Institute are gratefully received. Bequeathing is a simple way to continue caring about TBI, and ensures your passion for Buddhism lives on far into the future. It can help deliver long lasting change and your memory will live on.

Prayers will be recited for you at Pujas held at Tbetan Buddhist Institute and at Kyabje Khensur Kangyur Lama Jetsun Lobsang Thubten Rinpoche's Labrang in Sera Jey Monastic University India.

Leaving a bequest donation in your will makes a difference that transcends your lifetime and leaves a lasting legacy for the longevity of Buddha Dharma.

# VOLUNTEERING PLEASE HELP US

Tibetan Buddhist Institute is always looking for people with various backgrounds, talents and skills. We take care to ensure your placement is of real benefit to the community and satisfying for you.

Every day, people from all walks of life, donate their time, knowledge and energy to help volunteer organisations. Such people make the running of a Buddhist centre possible; it is through the time and care of ordinary people that we can do extraordinary things.

There is no greater gift than your time. Volunteering is a rewarding endeavour that provides insight and personal enrichment. Side benefits include developing professional connections, gaining experience and making new friends. Throughout the year, we need a range of short and long-term roles, projects and activities that can match your skills, interests and availability. Is there something you think you might be able to help us with?



## INTERVIEWS with GESHE JAMPA GYALTSEN

Interviews are private and confidential, and are on Mondays from 4.30 to 5.30pm. If you would like to make an appointment with Geshela for 20 mins, on spiritual/dharma matters only, please contact Tenzin on 0418 847 016.

We encourage you to make monetary offerings to Geshela, TBI and the translator as is the custom. These should be in an envelope with their names written on them and left on Geshelas table.

It is important that you phone if you are delayed or need to cancel, and also be aware that occasionally an appointment may go over time. Please come prepared with your clear and concise questions.

# TIBETAN SPONSORSHIP SCHEME

\$10 a month sponsors monks at Sera Jey Monastic University in India and nuns in Jungchub Choeling Nunnery in India and lay Tibetan in camps and villages surrounding Sera Monastery. We also support Nyagye and Hadu Nunneries in Tibet and Gyalten Charity School in Tibet. The scheme is entirely operated by volunteers.

Donations are gladly accepted for the Emergency Medical Fund, which was set up by Kyabje Khensur Kangyur Lama Jetsun Losang Thubten Rinpoche (the Founder of TBI), for any monk at Sera or anyone in the nearby lay community who is in urgent medical need.

# LHARAM GESHE SCHOLARSHIP FUND

*"One good Lharampa Geshe is more beneficial in this world than building a golden Stupa"*  
Kyabje Khensur Rinpoche's dying wish was to establish a Scholarship Fund for selected monks with the potential to achieve high honours in their Geshe Degree. This fund supports these potential Geshees in their 24 year study program.

This is a wonderful opportunity for you to participate in Rinpoche's wish and be of vast benefit in the future to the worldwide Buddhist community and the longevity of the Buddhadharma.

The options are:

1. Monthly pledge of \$30.00 will assist in the daily needs of the monk studying to be a Geshe.
2. Monetary donations to the Scholarship Fund.
3. Leave a bequest to the scheme in your will.
4. Sponsoring in perpetuity (\$3,000.00)
5. A one-off donation of \$10,000.00 provides support for twenty four years study.

ALL OFFERINGS ARE WELCOME

Please contact Tenzin on 0418 847 016 for more information or for sponsorship matters please email: [office@tibetansponsorship.org](mailto:office@tibetansponsorship.org)

# SANGHA SUPPORT

Making financial offerings is extremely important for our own spiritual practice and also for our teacher, Geshe Jampa Gyaltzen.

We need financial help to ensure our teacher is cared for appropriately. If you would like to ensure the longevity of the Dharma, please place your donation, in an envelope marked Sangha Care, and place in the donation box in the gumpa. Alternatively, you might like to set up a regular direct debit.

For more information please email:

**email:** [office@tibetanbuddhistinstitute.org](mailto:office@tibetanbuddhistinstitute.org)

**phone:** the office 08 8351 8788

**mobile:** Nawang (Tenzin) 0418 847 016

# TBI MEDITATION OUTREACH CLASS

**Salisbury North:** Bagster Community Centre  
17 Bagster Rd Salisbury North

*Meditation:* 6.20 - 7.20pm Mondays  
(not public holidays)

Please ring Ann for more information  
0402 409 259

Current requirements for attendance are proof of double vaccination and booster shot. Please check with Ann for attendance updates.

# REFUNDABLES

A big thank you to the many people who contribute to the running of our centre by bringing in their **refundable** items i.e. juice cartons, cans and bottles. that have **'10c REFUNDABLE'** written on it. If you would like to help TBI with our refundable project, please look for the 10c sign on **all** your drink etc containers and ensure that they are refundable and not recyclable.