**The Seven Limb Prayer**(Short Version)  
go sum gu pe go ne chag tsal lo  
ngo sham yi trul cho pa ma lu bul  
tog me ne sag dig tung tam che shag  
ke pag ge wa nam la je yi rang  
kor wa ma tong bar du leg zhug le  
dro la cho kyi kor lo kor wa dang  
dag zhon go nam jang chub chen por ngo    
  
I prostrate with my body, speech and mind in faith, each and every offering I make,                             
including those really performed and those mentally transformed.  
I declare all non-virtuous actions accumulated from time without beginning,  
I rejoice in all ordinary and Noble Beings actions.  
Please Buddha, by living as our guide until samsara ends,  
Reveal the teachings to all sentient beings.   
I dedicate the virtues of myself and others to the Great Enlightenment