

SAKA DAWA

The celebration of Buddha
Shakyamuni's Birthday,
Enlightenment and
Parinirvana (passing away)

FRIDAY 5th JUNE



Everyone is most welcome to listen online and join the celebrations with Geshe Jampa Gyaltzen, Sangha and the TBI Community.

10.30am Recitations of Three Principle Aspects of the Path and the Heart Sutra

12.00noon Shared Lunch and 7.00pm Guru Puja

Further details concerning attendance at TBI will be emailed closer to the date.

In Tibet, this is the most important holy day of the year - a day to remember Buddha.

During this month, practitioners place special emphasis on their Dharma practice, such as reciting mantras, offering mandalas, animal liberation, prostrations and taking precepts.

We encourage students to take the Eight Mahayana Precepts at home.

Tsog offering is provided by Tibetan Buddhist Institute for this occasion. Instead of your Tsog offering, you are welcome to make a monetary offering.

