

MOTHERS DAY PRAYERS WITH GESHELA



**We welcome all mums, dads and children to listen online to our
Precious Teacher, Geshe Jampa Gyaltsen and Sangha.**

9.00 - 10.00am Lam Rim Meditation (led by Ven Tenzin Drolkar)

Break

10.30 - 12.00am Recitations:

[CLICK HERE](#)

Tara represents the wisdom and compassion of all enlightened beings in our female form. Engaging in the practice of Tara helps to eliminate obstacles to the spiritual path and creates the potential for you to fulfil your wishes.

